



Message from our CEO

March 21 – 27, 2022 is known as National Drug and Alcohol Fact Week (NDAFW), with the goal of shattering the myth about drug and alcohol use for teens. Many teens are not aware of the risks drug usage has on their health, success in school and to overall safety. Here are some sobering statistics: by age 15, about 33 percent of teens have had at least 1 drink. By age 18, about 60 percent of teens have had at least 1 drink. About 4 in 10 people who begin drinking before age 15 eventually become alcoholics. This month on ACTS social media, we will be sharing 10 common myths and facts about substance use. If you want a sneak peek, check out our [YouTube channel here](#). ACTS is a tremendous resource for helping individuals recover from drugs and alcohol. We are grateful for the opportunity to service our community.



Asha Pereyra
ACTS CEO

On a different note, ACTS is hosting a Job Fair to expand our team on Saturday, March 5. Check out the article later in this newsletter for more information. We, like many organizations in our area, are facing a workforce crisis and will be hiring for various career opportunities at ACTS.

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ACTS Hosting Job Fair on March 5

[Join our team!](#) ACTS offers many opportunities for individuals with a variety of skills, interests, education and backgrounds. Our hiring managers will conduct onsite interviews. If you would like to make a difference in the community and enhance the lives of the people suffering from addiction and mental illness, don't miss this opportunity to join our team of professionals!



Please visit our website, www.actsfl.org, to apply online, and bring your printed resume and driver license to the job fair on Saturday, March 5 between 10 a.m. - 2 p.m. at our main office located at 4612 N. 56th St. in Tampa.

We look forward to seeing you there!

Don't Run Out of Luck This St. Patrick's Day!

The luck of the Irish is not enough to protect you against a possible encounter with an impaired driver during St. Patrick's Day. Here are some tips to celebrate the holiday safely if you plan on drinking.

- Don't Drink and Drive. Starting at 6 p.m. on Thursday, March 17 TO 6 a.m. on Monday, March 21 Tow To Go is operating in Florida thanks to AAA. If you don't have a ride home and are intoxicated, call (855) 2-TOW-2-GO to have yourself and your car taken home safely. Tow To Go (aaa.com)
- Always eat food while drinking alcohol. It is proven that food can help counter the effects of alcohol.
- Plan ahead and set a limit to the number of drinks that you will have, and don't leave your drink unattended.
- Limit yourself to one drink per hour to give your body the ability to process the alcohol.
- Alternate an alcoholic beverage with a full glass of water.
- Have a plan on how you are getting home.



For More Information

ACTS, Agency for Community Treatment Services, Inc., is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at www.actsfl.org.

