

# Welcome

## TO OUR CLUBHOUSE.

**WHEN YOU JOIN OUR CLUBHOUSE, YOU ARE NO LONGER A PATIENT, CLIENT OR CONSUMER, YOU ARE A MEMBER.**

You become part of an accepting, caring community of people who will understand you, who've had similar experiences as you, and who value you.

Clubhouses are vibrant communities in which members can share life events and gather support for accomplishments or challenges. Sometimes the worst symptom of mental illness is isolation — but no one feels alone at ACTS Clubhouse. The personal bonds and friendships formed at the Clubhouse through work and social activities can last a lifetime.

You will be able to choose your own goals and take an active role in your own progress.

We look forward to being a part of your life and helping you accomplish whatever you set out to do.

ACTS Clubhouse is a membership organization, and the people who come and participate in a Clubhouse are its members. Membership in a Clubhouse is open to anyone who has a history of mental illness. This idea of membership is fundamental to the Clubhouse concept: being a member of an organization means that an individual has both shared ownership and shared responsibility for the success of that organization.



**For more information  
or to become a member  
of ACTS Clubhouse  
contact us by email at  
[clubhouse@actsfl.org](mailto:clubhouse@actsfl.org)  
or call 813.771.0958.**

ACTS Clubhouse Partially Funded By:



***A pathway to success,  
friendship and careers  
for adults seeking  
mental health recovery.***

# ACTS Clubhouse Membership FAQs

## Who can become a Clubhouse member?

Anyone (age 18 or older) with a mental illness may become a member of ACTS Clubhouse regardless of diagnosis. Membership is voluntary and without time limits.

## How often may I come to the Clubhouse?

How often you come to the Clubhouse is up to you. Some members come every day. It depends on your schedule. The Clubhouse is a lifelong opportunity and membership is what you make it. There is a saying, 'once a member, always a member'. Even after a long absence, you are still welcome to come to the Clubhouse and join in the opportunities.

## How do I become a member of ACTS Clubhouse?

ACTS Clubhouse opened in Fall 2023. Your first step is to come and take a tour of the Clubhouse – email [clubhouse@actsfl.org](mailto:clubhouse@actsfl.org) or call 813.771.0958 to schedule a time. The safety of ACTS Clubhouse members, staff, volunteers and guests is of utmost importance. Background checks are performed on all potential members.

## What opportunities are available at the Clubhouse for members?

Members have access to the entire range of opportunities offered by the Clubhouse, including: vocational training, supported education, employment, wellness, socialization, evening/ weekend/holiday events, and connection to other community-based supports.

Our Clubhouse does not offer clinical or treatment services. However, members are encouraged to continue with clinical and/or other community-based services as part of their recovery process.

## A Typical Day at the Clubhouse

What our members enjoy most about our Clubhouse is that every day brings opportunities to learn, engage with others, utilize their skills, and build relationships. Members and staff work side-by-side to operate the Clubhouse. We rely on the talents of each member to help run our program. Participating in the work of the Clubhouse helps members gain confidence to achieve their goals.

## Work-Ordered Day

ACTS Clubhouse is designed to provide work for all the members organized around a work-ordered day, during which members and staff work together, side-by-side, as colleagues to carry out the tasks involved in running the Clubhouse according to their individual interests.

## Employment

As a right of membership, ACTS Clubhouse provides members opportunities to return to paid employment in integrated work settings through Transitional and Supported Employment placements. This includes on the job and offsite support from Clubhouse staff and other members.

## Social and Recreational Programs

ACTS Clubhouse members and staff organize social activities that are always scheduled outside the workday on evenings and weekends. Members and staff have the opportunity to get to know each other outside the pressures of the Clubhouse workday.

## Community Support

Members are given support in acquiring and keeping affordable housing, good mental health and general medical services, government disability benefits, and any other services they may need.

