

# Clubhouse GOALS

## Goal 1:

### A CLUBHOUSE IS A COMMUNITY

More than a program or social service, a Clubhouse is above all a community of people who are working towards a common goal to get their lives back!



## Goal 2:

### CLUBHOUSES ARE PARTICIPATIVE

Each Clubhouse member participates in consensus-based decision making regarding running the Clubhouse. They are members, not “patients” or “cases”.



## Goal 3:

### CLUBHOUSES HELP END ISOLATION

Clubhouses are organized as a support system, not as a service or treatment program. Inclusion is at the very heart of the Clubhouse way of working.



## Goal 4:

### CLUBHOUSES OFFER VOCATIONAL TRAINING

Clubhouses offer members access to educational resources and a work-ordered day in which each member’s talents and abilities are recognized and utilized within the Clubhouse.

## Goal 5:

### CLUBHOUSES OFFER A RETURN TO WORK

As a right of membership, Clubhouses provide members with opportunities to return to paid employment through both Transitional and Independent Employment programs.

## Goal 6:

### CLUBHOUSES OFFER WELLNESS PROGRAMS

When “I” is replaced with “We”, mental illness becomes wellness. Clubhouses are a powerful demonstration of the fact that people with mental illness can and do lead normal, productive lives.

